

H&I stands for Hospitals & Institutions. This act of service is an important part of the CMA program.

The purpose of H&I meetings is to carry the message of recovery to Crystal Meth addicts who do not have access to regular 12-step meetings -- people who are in hospitals and institutions. H&I meetings introduce our fellowship, especially the idea that recovery from Crystal Meth is possible.

If you are interest in being part of Hospitals and Institutions Committee or are currently a H&I representative, we highly encourage you to be in attendance at the LA District H&I meeting on the 2nd Saturday of each month at 11:30am on Zoom.

During the pandemic many panels were suspended, but the work of H&I continued with the rebuilding of this 12th step work. The H&I meeting is the best place to get updates on the activities of the committee.

In general, to speak on an H&I panel you need six months of continuous sobriety, and one year to lead a panel. For more information, please talk to me after the meeting, or go to our website at www.cmainla.com.

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